

SINDHI HIGH SCHOOL

(AFFILIATED TO CBSE, NEW DELHI)

SPONSORS : SINDHI SEVA SAMITI



Highlights

- Dynamic Schools Award
- Independence Day
- Bharat Ki Bhavyata
- Pre-Primary & Primary Annual Day
- SHS MUN
- Tiny Tots Fiesta
- Alumni Meet

CELEBRATING MILESTONES EMBRACING EXCELLENCE 2024-25

"Education is not the learning of facts, but the training of the mind to think." - Albert Einstein

Our school's journey of growth and success is a testament to the power of collaboration, innovation, and dedication.



NEWSLETTER

Edition - 2



अम्बिंतमे नदींतमे देवितमे सरस्वति ।
अप्रशस्ता इव स्मसि प्रशस्तिमम्ब नस्कृधि ॥

From The Editor's Desk

The second edition of the Sindhian Newsletter for the academic year 2024-25 embodies the dynamic essence of our institution. This issue highlights our students' outstanding accomplishments, innovative endeavours, and artistic flair, providing a glimpse into our community's commitment to nurturing exceptional minds and talent.

Mrs. Rachna Sharma

Principal

Mrs. Chitralkha P

Vice-Principal

Mrs. Mridula Tripathi

Vice-Principal

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From The Principal's Desk

Igniting Minds: A Year of Triumphs

Dear Students, Parents, and Well-Wishers,

It fills me with immense pride to congratulate the entire Sindhi High School family on being honored as the **"Most Dynamic School."** This prestigious accolade reflects the collective dedication, vision, and tireless efforts of our students, faculty, and stakeholders who continuously strive for excellence.

This year has been an extraordinary tapestry of achievements and celebrations. Our **Annual Day** showcased the grandeur of India's rich heritage, with students vividly bringing to life the courage and legacy of icons like Rani Durgavati, Prithviraj Chauhan, the Hoysala dynasty, and Krishnadevaraya. These inspiring performances reminded us of the timeless values that shape our identity and illuminate our path forward.

The inaugural **Alumni Meet** was a milestone moment, reconnecting us with the trailblazers who once graced our halls and are now leaving an indelible mark in their fields. Adding to this year's accomplishments, the unveiling of our renovated indoor stadium stands as a testament to our commitment to nurturing holistic growth and fostering sporting excellence.

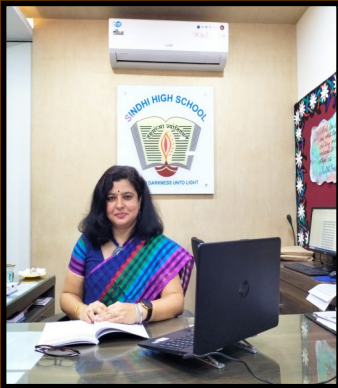
Our vibrant celebrations of **Halloween, Diwali and Sankranti** further enriched our cultural tapestry, fostering unity and joy within our school community. The overnight trips to Mumbai, Pondicherry, and Coorg went beyond mere travel—they were transformative journeys that offered invaluable lessons beyond the confines of classrooms.

In academics, sports, and extracurricular pursuits, our students have consistently excelled, reminding us of Aristotle's timeless words: "Excellence is never an accident; it is the result of high intention, sincere effort, and intelligent execution." Our mission is to ignite the spark of curiosity, compassion, and commitment in every student, empowering them to dream big and achieve greater heights.

As we approach **Republic Day**, let us reflect on its profound significance. This occasion calls on us to honor the values enshrined in our Constitution and to work collectively toward building a brighter, more inclusive future. The spirit of unity, equality, and responsibility must guide our actions as we strive to contribute positively to society.

I extend my heartfelt gratitude to our dedicated faculty, supportive parents, and, most importantly, our brilliant students, who remain the heart and soul of this institution. Let us embrace the inspiring words of Swami Vivekananda: "Arise, awake, and stop not till the goal is reached."

Happy Reading!



Mrs Rachna Sharma
Principal

“DYNAMIC SCHOOLS AWARD 2024”

Celebrating 21 years of excellence in the field of education, our school has continually strived to provide the best learning environment for our students. This journey of growth and achievement has now reached a remarkable milestone, as we are proud to announce that our school is the recipient of the Dynamic School Award 2024 by India 2024.

This prestigious award recognizes the visionary leadership of our Principal, Mrs. Rachna Sharma. Under her dynamic leadership, the school has undergone a progressive transition into academic excellence, while fostering the holistic development of our students.

The award was presented at the 12th National Conference on K12 Leadership 2024 and India School, a gathering of top educators and thought leaders, further affirming our school's dedication to innovative teaching methods and leadership in the education sector.



Proud Moment for SINDHI HIGH SCHOOL HEBBAL !

Huge Congratulations to Sindhian Sanchith Sudhir Rau on securing the All India rank 10 and Karnataka Rank 1 in the Common Law Admission Test

(CLAT UG 2025) !

We are thrilled to congratulate Sanchith Sudhir Rau on achieving the top position in the All India Law entrance examination. The Proud Sindhian looks forward to joining the National Law School of India , Bengaluru University which is consistently ranked #1 in the National Institutional Ranking Framework for law. Inspired by his grandfather's legacy , Sanchith has chosen to follow his footsteps and pursue the same profession. With a consistent practice of over 5 – 6 hours reading newspaper , updating general knowledge and solving mock papers was his daily routine. The collective effort of teachers ,school and his parents have played a significant role in his stupendous success . His outstanding performance is a testament for his hard work , dedication and commitment to excellence .We, at Sindhi High School are indeed proud to have him a part of school community and wish him continued success in all his endeavours.

Here's wishing his warmest congratulations !





SINDHI HIGH SCHOOL, HEBBAL

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Congratulations to our Bright Star!



ABHAY MB, CLASS VIII

Won a **Gold medal** in the **Long Jump** at the **National Athletic Meet** held in **Chennai** on **December 22, 2024**. His remarkable performance earned him a spot to represent India at the **International Students Sports Carnival**, scheduled to take place in **Dubai** in **January**.

School shapes the future of children.



Awadhutha.M of
Class -8B
won 1st runner up
in the chess



Siddhanth Poonja of Class -7C
won a Gold(Blitz Format) and a
Bronze(Standard Format) in U12
Open category in the prestigious
Commonwealth Chess
Championship 2024 held at Srilanka

Independence Day

The 78th Independence Day celebration at Sindhi High School, themed "Vijay ki Goonj," was a vibrant and memorable event. It began with the introduction of our chief guest, Mr. Prakhar Khandelwal, an accomplished alumnus and IIT Madras graduate, currently working at Procter & Gamble. He was joined by esteemed dignitaries. Together, they hoisted the national flag, symbolizing our collective commitment to the nation. The cultural program was a stunning display of student's talent, celebrating the essence of freedom and unity. The portrayal of soldier's life deeply resonated with the audience, reminding everyone of the sacrifices made for our freedom. School's first newsletter was also inaugurated. This launch highlighted the school's commitment to growth and communication. The event was further enriched by a speech from our chief guest Mr. Khandelwal, who inspired the audience with his reflection on our heritage and vision for the future. The day concluded with a renewed sense of pride and unity.



National Space Day Celebrations



**SINDHI HIGH SCHOOL
HEBBAL**
(Affiliated to CBSE, New Delhi)
Sponsors : Sindhi Seva Samiti

**OBSERVING
NATIONAL SPACE DAY**
on Friday 23rd August 2024

ACTIVITIES

- Special assembly
- Student talk on - Wonders on Indian Space Programme
- Housewise Quiz competition on Space Expeditions
- Screening of Evolution of ISRO and Chandrayaan projects for students
- Display of PSLV model by students of Class XI and XII

On National Space Day let's ignite our inner rocket scientists and embark on cosmic adventures! Ask questions like a young astronomer:

- How many stars twinkle in the Milky Way?
- What colors do black holes wear?
- Is Pluto still sending postcards from the edge?

On August 23rd 2024, we celebrated National Space Day with great enthusiasm and curiosity. The day was filled with wonders showcasing India's remarkable achievements in space exploration. House-wise competitions sparked excitement among students, who showcased their knowledge and creativity on various aspects of space travel. The screening of documentaries on the evolution of ISRO and the Chandrayaan project mesmerized the audience, highlighting India's milestones in space research. The celebrations not only inspired young minds but also instilled pride in India's contributions to the global space community.

Annual Sports Meet

19th Annual Sports Meet – A Day of Unity, Competition, and Camaraderie

On Friday 30th August 2024 the 19th Annual Sports Meet at Hoysala Grounds, Yelahanka, was a grand celebration of athleticism, discipline, and teamwork. The day began with a motivational song by the school choir, followed by a warm welcome from the Head Boy Adarsh Hitesh Shah. The chief guest, Ms. Bharati B.L, International Athlete unfurled the school flag, officially marking the start of the day's events.

The spirited march past, led by House Captains, showcased the students' discipline, followed by the lighting of the Sindhu Jyoti by our accomplished torchbearers. A vibrant mascot, Simba, added cheer to the atmosphere, and the chief guest highlighted the importance of sports in our lives.

Students from classes 4 to 12 participated in various events, including Sprints, Hurdles, Relays, Karate, Yoga, Aerobics, and Zumba. The day also featured a fun parent event, adding to the sense of community. Venus house was adjudged as the Best House among all the four, for their team spirit and outstanding performance.

The event culminated in a Grand Victory March Past, celebrating not only the winners but also the spirit of sportsmanship. Prizes and trophies were distributed by our esteemed guest, Sri Prakash F. Madhwani, Past President of Sindhi Seva Samiti.

The Rolling Trophy for Best Girl Athlete (Seniors) was bagged by Disha Santosh from Jupiter House, sponsored by Sri Prakash F Madhwani in memory of his late mother Smt. Lakshmi F Madhawani.

The Rolling Trophy for Best Boy Athlete (Seniors) was bagged by Shahank S from Neptune House.

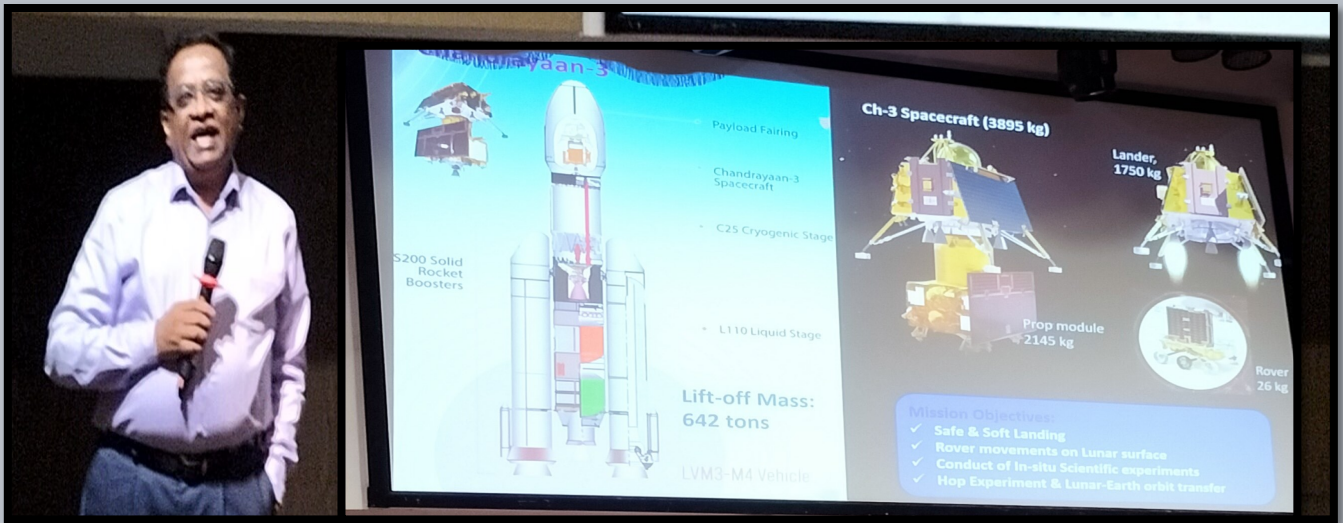
RMZ Corp. Rolling Trophy for the Best House in Athletics was bagged by Jupiter house, sponsored by Sri Arjun Menda, Founder RMZ Corp.

The event concluded with a vote of thanks by Sports Captain Shashank S, leaving lasting memories for all participants.





Vikram Vikas



Unveiling Chandrayaan-3: Insights from an ISRO Veteran- Mr. HN Suresh Kumar

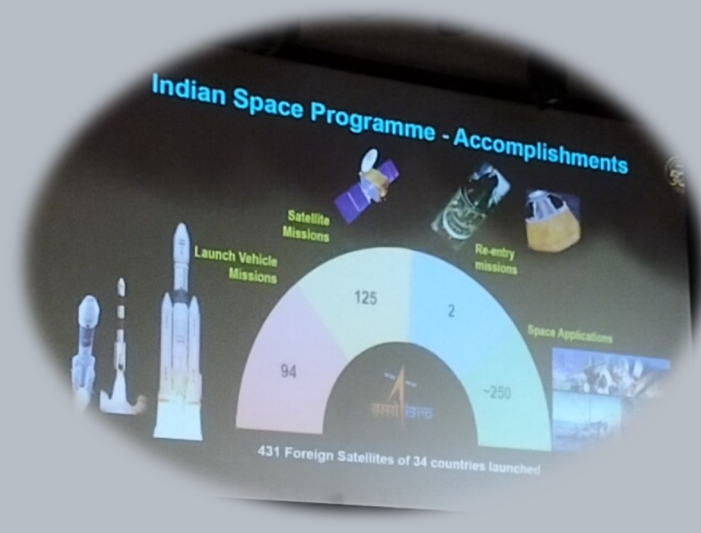
On September 2nd 2024, Mr. HN Suresh Kumar, former Deputy Director of the Mechanical Systems Area at UR Rao Satellite Centre (URSC), ISRO, delivered an inspirational speech in our school.

With a career spanning 35 years, Mr. Suresh Kumar shared insights into the Chandrayaan-3 mission, focusing on its technical and operational aspects. As Deputy Project Director for the Mechanisms sub-system, he led the development of 26 mission-critical mechanisms, including the High Gain Antenna, Lander Leg, Rover Ramp, Solar Array Deployment, and the Rover Mobility System.

He highlighted the challenges of designing technology for the harsh lunar environment and detailed the engineering solutions that ensured the mission's success. The session ended with an engaging Q&A, where participants explored Chandrayaan-3 and ISRO's future projects.

A vote of thanks concluded the event, thanking **Mr. HN Suresh Kumar** and the organizers for their efforts.

-Adithya R Shastry ,Class-12A



Bharat Ki Bhavyata



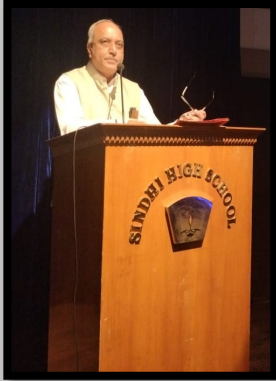
“India is a place where colours are doubly bright-pinks that could scald your eyes and blues you could drown in.” A blend of experience, learning, fun and doubt unfolded on 4th September 2024 on the occasion of Bharat Ki Bhavyata– Inter School Quiz competition .The event marked a remarkable beginning with the invocation song, lighting of the lamp, and invocation dance, as a tribute to appreciate the greatness and beauty of our motherland. Dr. Rajeshwari R, a social entrepreneur and veterinarian graced the occasion. 19 teams from eleven schools participated . The six finalists were open to a tough competition to a round of questions based on Indian States and industries , Vedic mathematics, and crossword . An exciting round of questions for the lovely audience kept the auditorium on its toes. Our school students proved to be excellent quiz masters in hosting the whole event.

The last and final round was a rapid fire round which was really a nail-biting moment as it would determine which team would bag the winning prize and the title “Winner of Bharat ki Bhavyata 2024.” The runner up position for BKB 2024 was awarded to Daffodils school, and the winner of this competition was none other than our school. The competitors of other schools did surely put up a interesting and tough competition. This mega event not only gave a platform to showcase the patriotism towards our country but also educated everyone about our own country.

-Done by - Jiya Ahuja (11C) , Gopika Kannan (11A)

Teachers' Day

Teachers and staff members who have completed 15 years of dedicated service in the school and college were felicitated for their commitment. The purpose of Teachers' Day is to recognize the vital role teachers play in shaping the future through their guidance, knowledge, and mentorship and it was well met on 5th September 2024. The event concluded with a delightful lunch organized for all the teachers, making it a memorable and cherished occasion.



Teachers' Day was celebrated with great enthusiasm at our school, showcasing gratitude and respect towards our educators. The event was hosted by the Student Council, who set a cheerful tone with their warm welcome and engaging introductions.

The program commenced with a nostalgic piano performance, followed by a musical show, where a choir led by Sriram performed a medley of songs dedicated to teachers, evoking heartfelt emotions among the audience. Legendary numbers sung by SP Balasubramanyam and Arijit Singh captivated the audience. Adding vibrancy to the celebration, students showcased their dance skills that highlighted cultural diversity and youthful energy. The surprise element was the teachers joining in for a delightful dance, which was met with resounding applause and cheers.

All in all, Teachers' Day provided a platform for students to express their love towards their teachers.

- Adarsh Hitesh Shah, Class-12C

PRE-PRIMARY ANNUAL DAY

14th September 2024

The pre-primary students of Sindhi High School, Hebbal, brought the classic tale of **Pinocchio** to life during their Annual Day celebration. The event was filled with colours, music, props, and lively performances, leaving the audience spellbound by the showcase of young talents. The children participated enthusiastically, embodying different characters from the story.



The performances included short skits and dances that depicted key moments from the story of Pinocchio, such as the transformation of Pinocchio from a wooden puppet into a real boy. The children showcased their talents with great confidence and joy. The colourful costumes, enthusiastic storytelling, and a beautifully decorated stage transported everyone into the magical world of Pinocchio.



The program began with the traditional lighting of the lamp by the Chief Guest, Ms. Kavya Srinivasan, a performance artist, along with other dignitaries. Following this, a heartfelt welcome speech was delivered by our youngest yet most eloquent speaker, Miss S. Dhananyashri. The school's annual report was then presented by our Vice Principal, Ms. Mridula Tripathi, who highlighted the year's key achievements. The event concluded with a heartfelt vote of thanks by Master Romit.G.Lokhande from UKG-B.





PRIMARY ANNUAL DAY



Sindhi High School, Hebbal, came alive with the vibrant celebration of its much-anticipated Primary Annual Day. This year's theme centred around the timeless tales of the **Panchatantra**, with a focus on imparting valuable moral lessons such as friendship, wisdom, honesty, and teamwork. The event was marked by excitement and joy, as students, teachers, and parents gathered to witness a spectacular showcase of talent and creativity.



Panchatantra stories were brought to life through colorful costumes, lively music, and beautiful choreography. The young performers donned vibrant animal costumes, enacting popular tales that conveyed important moral lessons in a fun and engaging manner. Their seamless teamwork and enthusiasm left the audience enthralled.



The festivities began with the traditional lighting of the ceremonial lamp by the esteemed Chief Guest, Miss Sheetal Chhabria, a well-known content creator, food influencer, and curator. She was joined by other dignitaries in gracing the occasion. Miss Saisha Rout delivered the welcome address, setting the tone for the evening with her impressive and inspiring speech. The school's Vice Principal, Mrs Chitrlekha P, presented the Annual Report, highlighting the Institution's accomplishments of the current academic year. The event concluded with a heartfelt vote of thanks by Master Kavan Jain.

School Cinema International Film Festival (SCIFF)

From 27th August to 5th September 2024, our school had the privilege of participating in the School Cinema International Film Festival (SCIFF), organized by lxl Ideas as part of their innovative School Cinema and Life Skills initiative. This unique program brought together a curated selection of international short films, screened exclusively for students from Classes -1 to 5.

The films were thoughtfully chosen to impart valuable life skills and soft skills, using the captivating medium of cinema to inspire, educate, and engage young minds. This initiative not only enhanced the learning experience but also reinforced the importance of holistic development in our students, leaving a lasting impression through the power of storytelling.



Excursions

Our School organized educational and recreational excursions for students of classes 5 to 10, aiming to provide hands-on learning experiences, promote teamwork, and foster curiosity.

Class-X students embarked on an unforgettable trip to Mumbai from October 4th to 6th, 2024, blending education, culture, and fun. The excursion included visits to iconic sites like Film City, the Whales Museum, and the Neeta Mukesh Ambani Cultural Center, offering insights into cinema, marine biology, and modern culture. Students also explored historical landmarks like the Gateway of India and Marine Drive, immersing themselves in India's rich heritage and vibrant city life. With well-managed logistics, strict safety protocols, and enthusiastic student participation, the trip proved to be an enriching experience, fostering learning, interpersonal skills, and lifelong memories.

Class –IX set out on a thrilling three-day trip from 3rd to 5th October 2024 to Pondicherry, Mahabalipuram, Vellore, and Kanchipuram, offering a blend of education, culture, and adventure. We explored iconic sites like the Sri Aurobindo Ashram, French colonies, Paradise Beach, Mahabalipuram's rock-cut temples, Kanchipuram's stunning temples, and Vellore's breathtaking Golden Temple. The trip provided valuable insights into India's rich history, culture, and architecture, while fostering lifelong memories, learning, and friendships among students.

Class –VIII students went on an exciting trip to Coorg, a stunning hill station in Karnataka, from October 4th to 6th 2024. Dubbed the "Scotland of India," Coorg's breathtaking landscapes, rolling hills, and lush green forests provided a perfect setting for an unforgettable adventure, filled with opportunities for trekking, rafting, and immersing themselves in the region's rich cultural heritage and delicious cuisine.

Class- V, VI, and VII students took on a thrilling journey to Bannerghatta National Park on December 4th and 5th 2024. The adventure included a visit to the Butterfly Park, where students learned about the life cycles and habits of vibrant butterflies, and an insect gallery showcasing various insects and their roles in nature. The highlight was a thrilling safari, where students spotted majestic wildlife, including deer, lions, tigers, elephants, and a rare white tiger, fostering a deeper appreciation for wildlife and leaving them with cherished memories.

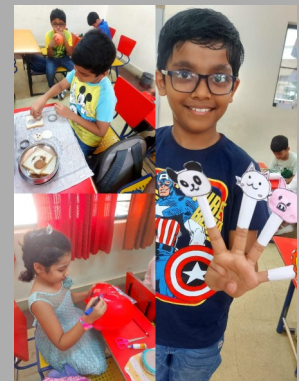


Toon Town Adventure

Toon Town Adventure a day full of fun and frolic was organized on 4th October 2024. All Children from preprimary to class-12 participated, by wearing attire featuring their beloved cartoons. Children were thrilled to participate in various indoor and outdoor activities like- eye mask decoration, making hand puppets, clay modeling, cookie/bread decoration, tattoo and nail art stations, zumba, dance etc..

The entire campus resounded with happy feet and gleeful faces.

The Toon Town Adventure boosted student engagement through interactive and hands-on activities, helping them develop essential academic and social skills while having fun in a creative, fictional world.

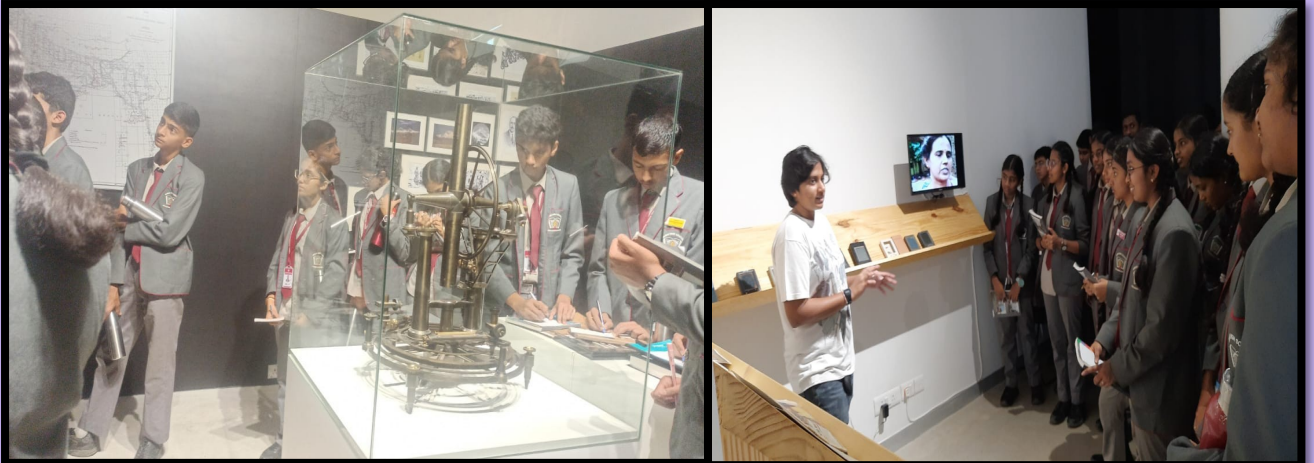


visit to Science Gallery

On 17th and 18th October 2024 students of class –9 & 10 visited the Science Gallery. We were fascinated by the innovative displays and interactive installations.

The volunteers at the gallery were friendly and approachable. We were soon divided into groups and led on to the exhibition. The experience was truly wonderful, we saw many river landscapes, learnt about the story of River Kaveri, understood the importance of rivers in our ecosystem and learned how the number of rivers in Bengaluru has declined over time. We then went on to explore the different models of Chandrayaan-3. Lastly, we learnt about different species of birds and got to listen to their chirping. We were given sheets in which we could doodle about our informative experience. In the end we clicked some pictures with the enlightening guides.

-Foram P. Shah Class-9C



Decathlon Study Tour

A Retail Revolution: Decathlon Study Tour

Our students embarked on an exciting study tour to the Decathlon store on 9th September 2024, gaining valuable insights into the retail industry. Led by Nishyanth CJ, our alumnus and Decathlon's Department Manager, the tour provided a unique opportunity for students to observe and learn about various aspects of retail management. From store layout to visual merchandising, inventory management, and customer service, our students got a first-hand look at Decathlon's innovative approach to retailing.





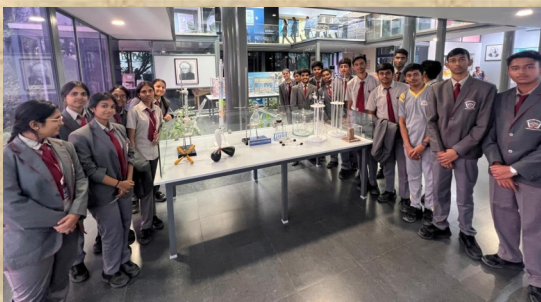
Visit to Jawaharlal Nehru Centre for Advanced Scientific Research (JNCASR)

Date: 11th September 2024

JNCASR, established in 1989, is a premier research institute in India, fostering advanced scientific inquiry and innovation. Named after India's first Prime Minister, Jawaharlal Nehru, the centre embodies his vision for scientific excellence.

Highlights of the Visit:

- 1) **Research Facilities Tour:** Students visited state-of-the-art laboratories, witnessing ongoing research in fields like Material Science, Condensed Matter Physics, and Evolutionary Biology.
- 2) **Interactions with Scientists:** Engaging discussions with faculty members and researchers provided insights into their groundbreaking work and its applications.
- 3) **Presentations and Lectures:** Experts shared their expertise on topics such as nanotechnology, climate change, and biomimetics, sparking interesting Q&A sessions.
- 4) **Student Research Displays:** Impressive poster presentations by JNCASR students showcased their innovative projects and findings.



Visit to JNCASR was enlightening, offering a glimpse into India's thriving scientific research landscape. We left with a deeper appreciation for the centre's commitment to advancing knowledge and addressing global challenges.



WORDS WORTH ENGLISH LANGUAGE LAB

18th & 19th October 2024

The Wordsworth Language Lab is a vital addition to our curriculum, offering students an interactive platform to enhance their language skills. This technologically advanced facility enables personalized learning, helping students improve pronunciation, vocabulary, and grammar while developing effective communication skills. By incorporating engaging audio-visual aids and real-time report, the lab fosters greater interest in language acquisition and prepares students for global opportunities. Its focus on building linguistic proficiency equips students with the confidence and capabilities needed for academic and professional success in an increasingly interconnected world.



Inauguration of Newly Renovated Library

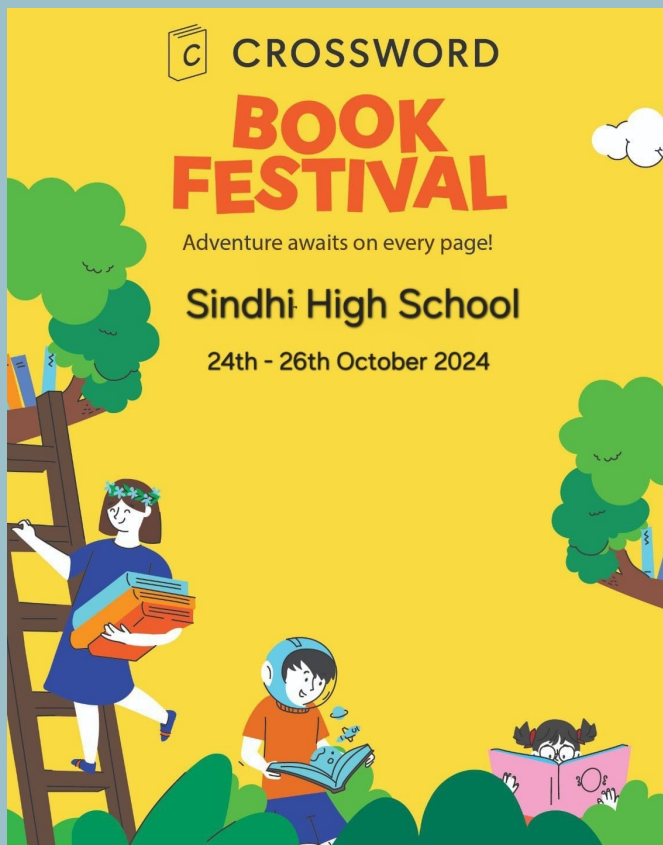


A state of the art Library was inaugurated by our esteemed Management members on Teacher's Day 5th September 2024.



Book Fair

Sindhi High School, Hebbal, hosted a successful Book Fair from October 24th to 26th, 2024, in collaboration with Crossword Publisher. Inaugurated by our respected Principal Mrs Rachna Sharma, the fair brought together students, teachers, and parents to celebrate the world of books. With a diverse range of books on offer, the event encouraged students to explore new authors, genres, and titles, promoting a love for reading and learning. The book fair was a grand success, fostering a culture of reading and continuous learning within the school community.



SHS-MUN



The SHS MUN was held from 28th October to 30th October 2024. With the inexorable efforts of the students and teachers, the participants from class 6 to 12 came together with a ground level objective of seeking solutions and unravelling the ongoing issues of the world at SHS MUN 2024. Fast paced thinking, diplomacy and collaboration were some key aspects of SHS MUN 2024.

The inaugural ceremony resonated with the insightful words by our Principal emphasizing the power of collaborative action. The various committees were introduced along with the Chairs and Vice chairs of each, setting the stage for the official commencement of SHS MUN by the Secretary General.

The committees of SHS MUN 2024 were the UNSC, the UNHRC, the UNODC, the Lok Sabha and the International Press Corps. In the course of the three days these committees saw students presenting facts and statistics, form alliances, put forward issues earnestly and approached by an instrumental level of intellect and diplomacy.

Committees finalized draft resolutions achieving consensus and facing dissent in the process. The closing ceremony saw the Secretary General reminisce the transformative experiences shared during the course of the three days with the chairs of the committees presenting a report of the 3 day event. It concluded with the sense of accomplishment fostering the spirit of leadership, mutual respect and open minded dialogue leaving participants inspired to become active global citizens.



KannadaRajyostava



69ನೇ ಕರ್ನಾಟಕ ರಾಜ್ಯೋತ್ಸವದ ದಿನದಂದು ಸಿಂಧಿ ಪ್ರೌಢಶಾಲೆ, ಹೆಬ್ಬಾಳ. ಇಲ್ಲಿ ನವೆಂಬರ್-೧ ರಂದು ರಾಷ್ಟ್ರಧ್ವಜ ಮತ್ತು ನಾಡಧ್ವಜದ ಆರೋಹಣವನ್ನು ಉಪಪ್ರಾಂಶುಪಾಲರಾದ ಶ್ರೀಮತಿ ಚಿತ್ರಲೇಖಾ.ಪಿ ರವರಿಂದ ನೆರವೇರಿಸಲಾಯಿತು. ದೈಹಿಕ ಶಿಕ್ಷಕರು, ಕನ್ನಡ ವಿಭಾಗದ ಸಂಯೋಜಕರು, ಶಿಕ್ಷಕರು ಹಾಗೂ ಇತರ ವಿಭಾಗದ ಶಿಕ್ಷಕರು ಮತ್ತು ಶಾಲಾ ಸಿಬ್ಬಂದಿ ವರ್ಗದವರು ಉಪಸ್ಥಿತರಿದ್ದರು.

ನವೆಂಬರ್ ೧೧ ರಂದು ಮಕ್ಕಳೊಂದಿಗೆ ವಿಜೃಂಭಣೆಯಿಂದ ಕರ್ನಾಟಕ ರಾಜ್ಯೋತ್ಸವ ಆಚರಿಸಲಾಯಿತು. ಶಾಲಾ ಪ್ರಾಂಶುಪಾಲರಾದ ಶ್ರೀಮತಿ ರಚನಾ ಶರ್ಮಾರವರು ಸಮಾರಂಭದ ಅಧ್ಯಕ್ಷತೆ ವಹಿಸಿದ್ದರು. ದೀಪ ಬೆಳಗುವುದರ ಮೂಲಕ ಪ್ರಾಂಶುಪಾಲರು, ಉಪಪ್ರಾಂಶುಪಾಲರು ಮತ್ತು ಕನ್ನಡ ವಿಭಾಗದ ಸಂಯೋಜಕರು ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಚಾಲನೆ ನೀಡಿದರು. ಪ್ರಾರ್ಥನಾ ಗೀತೆಯಿಂದ ಕಾರ್ಯಕ್ರಮವು ಆರಂಭವಾಯಿತು.

ಪ್ರಾಥಮಿಕ ಶಾಲಾ ಮಕ್ಕಳು ಕರ್ನಾಟಕದ ಸಂಸ್ಕೃತಿಯನ್ನು ಸಾರುವ ಛಂದೋಪದೇಶವನ್ನು ಪ್ರದರ್ಶಿಸಿದರು. ಕನ್ನಡ ಉಪಾಧ್ಯಾಯಿನಿ ಶ್ರೀಮತಿ ಸುಚಿತ್ರರವರು 'ಕನ್ನಡ ಭಾಷೆ ಉಳಿಸುವಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿಗಳ ಪಾತ್ರ' ಎಂಬ ವಿಷಯದ ಕುರಿತಾಗಿ ಭಾಷಣ ಮಾಡಿದರು.

ಪ್ರೌಢಶಾಲಾ ವಿಭಾಗದಿಂದ ನಾಡ ಪ್ರೇಮ, ನಾಡ ಭಕ್ತಿ, ನಾಡು ನುಡಿಯ ಬಗ್ಗೆ ಅಭಿಮಾನ ಮೂಡಿಸುವ ಏಕಪಾತ್ರಾಭಿನಯ, ಭಾಷಣ, ನಾಟಕ, ನೃತ್ಯಗಳ ಸಾಂಸ್ಕೃತಿಕ ಕಾರ್ಯಕ್ರಮಗಳು ಸುಂದರವಾಗಿ ಮೂಡಿ ಬಂದವು.

ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಅಂತಿಮವಾಗಿ ವಂದನಾರ್ಪಣೆಯೊಂದಿಗೆ 'ಕನ್ನಡ ಬಳಸಿ - ಕನ್ನಡ ಉಳಿಸಿ' ಧ್ಯೇಯ ವಾಕ್ಯದ ಪ್ರತಿಜ್ಞೆಯೊಂದಿಗೆ ನಾಡಗೀತೆ ಮತ್ತು ರಾಷ್ಟ್ರಗೀತೆಯನ್ನು ಹಾಡುವುದರ ಮೂಲಕ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ತೆರೆ ಎಳೆಯಲಾಯಿತು.

ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ



CHILDREN'S DAY

A Day of Delight

Children's Day in our school was celebrated on 14th November 2024 with joy and festivity. This year's celebration reached an entirely new level of charm. The morning began with an extraordinary surprise—our teachers conducted the entire assembly themselves. From the invocation to the news segment, they embraced their roles with remarkable enthusiasm and flair, creating an atmosphere of camaraderie.

One of the most endearing moments was the unveiling of their childhood photographs. Seeing our usually composed and professional teachers as mischievous, carefree children was both heart warming and amusing. It reminded us that they, too, were once filled with the same youthful exuberance that they now nurture in us.

The highlight of the celebration, however, was their heartfelt musical performance. Our teachers sang songs for us, their voices brimming with warmth and affection. This gesture left a lasting impression, making us feel cherished and deeply valued. Their efforts reflected a level of thoughtfulness and dedication that went far beyond our expectations.

The celebration was a testament to the strong bond between teachers and students. It was a day not just of festivity, but also of gratitude—a reminder of the joy and privilege of childhood and the profound role our mentors play in shaping it.

The primary section was abuzz with excitement as their teachers unleashed their inner dancing stars, grooving to the infectious beats and bringing smiles to every face!

“The soul is healed by being with children.” – Fyodor Dostoevsky
Samudyatha ,Class -10D



Inauguration of Indoor Stadium

The indoor stadium was inaugurated on 6th November 2024 by the President of Sindhi Seva Samiti Sri Sanjeev Atmaram. The renovated stadium provides top-notch amenities including facilities for basketball, badminton, table tennis, and other indoor games. Prasad was distributed to mark the occasion.



Senior Annual Day



The Senior Annual Day celebration "Samay Ka Chakra," was held on November 30th, 2024, with Ms. Sumaa Tekur as the esteemed Chief Guest. The event featured a comprehensive Annual Report presentation by the Principal, Ms. Rachna Sharma followed by an address from the President of Sindhi Seva Samiti, Sri Sanjeev Atmaram who shared inspiring words with the gathering.

The event featured captivating performances, skits, dances, and songs showcasing the bravery, cultural brilliance and remarkable achievements of revered monarchs like Prithviraj Chauhan, Rani Durgavati, Krishnadevaraya, and Vishnuvardhana. The evening began with an awards ceremony and a lamp-lighting ritual, followed by a showcase of students' talents, highlighting the valor, wisdom, and cultural contributions of these historical figures, amidst a regal atmosphere of classical dances and cultural performances.

-Gopika Kannan 11A



Class-X Orientation

The Orientation programme for parents of Class -X was organised on 7th December, 2024. The program commenced with an inspiring address by our Principal Mrs. Rachna Sharma emphasizing the importance of time management in students' educational journey. Alongside, the various opportunities that the students can avail in our institution was highlighted by the Principal.

Ms. Leann Moorthy, Counsellor conducted a session on stress management, emotional growth and mental well being of students during the crucial exam period. As the program concluded, students left with a sense of belonging, enthusiasm and readiness to embark on this significant chapter of their academic life.



Tiny Tots Sports Fiesta & Open day

The Tiny Tots Sports Fiesta held on 7th December 2024 at the Sports Arena, Sindhi High School was a resounding success, bringing together enthusiastic young participants from various schools and individual entries. The event was a vibrant celebration of energy, teamwork, and joy, with the little champs engaging in a variety of exciting sports activities.

Beyond the sports arena, the children were treated to a spellbinding magic show that left them in awe, alongside delightful treats like popcorn, colorful tattoos, and creative face painting. Every child left the event beaming with happiness, carrying home medals, certificates, pouches, and stationery goodies as tokens of encouragement.

At Sindhi High School, we believe that every child is a winner, and this event was a testament to our commitment to nurturing confidence and celebrating every milestone in a child's journey. Here's to more such memorable moments of growth and joy!





Christmas Celebrations

Christmas was celebrated on 20th December 2024. The day was filled with joy and festive cheer! The children enjoyed a delightful class party and showcased their creativity by making beautiful handmade cards to wish their parents a Merry Christmas and Happy New Year. They also learned the significance of Christmas, which added meaning to the celebration. The highlight of the day was the appearance of Santa Claus, which brought endless excitement and thrill.



Alumni Meet

The Alumni Meet-Roots Reunited on December 21st 2024, was a momentous occasion that brought together former students and faculty members under one roof.

The atmosphere was filled with nostalgia and warmth as old friends reunited, sharing stories of their journeys since graduation.

The new committee members were formally installed marking a new beginning.

The event featured a series of engaging activities, followed by a cultural programme which allowed the alumni to relive their cherished memories and create new ones. As the evening drew to a close, the alumni expressed their gratitude to the institution for providing them with a solid foundation and pledged to stay connected and support their alma mater in its future endeavours.



Pioneering Youth...



Nishil George of 10B won 3rd Place in Poster Making at the DPS Regional Adolescent Summit



Jiya Ahuja of 11C won 2nd Place in Short Film at the DPS Regional Adolescent Summit



KAVYA C NAIR, Class 9 Awarded as IBR'24 Achiever

"Kudos for your hard work and dedication.
May God's blessings guide you to even greater success and accomplishments."



Sindhi High School Hebbal

**Congratulates the
Rifle Shooting Winner**



**HARSHA D P
5 C**

**ORGANIZED BY KSRA SHOOTING RANGE
BENGALURU**

**Congratulates the Football Match Winners
in the Inter School Competition**



Runners up

**ABHAY MB, VEDANTH R, VISHNU R, SUSHRUTH, ABHAY D M, MAYUR R, CHANDAN,
MANVIK, ABHIJAY SRIDHAR, SHREYA NITIN, & KAVISH**

Organized by DPS North



In Mini Olympics Athletics championship , Vedhanth of Class-8 won a Silver Medal in High Jump



Budding Prodigy !!!

Parth R Kumar of 1A began gymnastics and karate at the age of four. His passion for learning, combined with his diligence and never-give-up attitude, has helped him win numerous national-level and state-level competitions in both karate and gymnastics. He won the National Shotikon independence cup and the State level Shotokan karate open championship two times in 2024. He also won 1st prize twice in gymnastics competition organised by Shindjai Sports Academy.



“Writing that Makes a Difference”



THE MYSTICAL DOORS

Bob had always felt a deep-seated aversion to math. The numbers and equations seemed nothing more than a jumbled mess, and the classroom lectures were endless torture. He preferred to spend his time daydreaming about adventures in far-off lands, rather than solving what seemed like pointless problems on paper. The thought of a math test the next period and the fact that he had not studied for it had him panicking all over the place. One sunny afternoon, on his way back from school, Bob stumbled upon an ancient, weathered book lying on the forest floor. The cover was inscribed with symbols he didn't recognize, but it glowed with light. Curiosity piqued, he opened the book and began to read. Suddenly, the ground beneath him trembled, and a portal began to form, swirling with colors and strange energy as he was sucked into the portal.

As the boy wandered into the strange, shimmering portal, he found himself in a surreal landscape of swirling numbers and geometric shapes, where he bumped into a mysterious figure cloaked in blue and gold robes. This was Trigo, the mysterious and wise head of Mathtropolis, a land where numbers were magic and equations came to life. Trigo's eyes sparkled with the wisdom of eons and the secrets that math held, and his staff, decorated with delicate fractals, sparked with energy. Leading the boy to a collection of magical doorways that were arranged in the form of rows and columns, Trigo revealed the wonders and magic of matrices.

Behind the first door, the boy marveled at the intricate design of computer graphics, where matrices transformed simple pixels into mesmerizing digital art. The second doorway opened to the world of robotics, displaying how matrices allowed precise movements and complex calculations, turning mechanical parts into lifelike companions to help those in need. In another room, he discovered the secrets of cryptography, where matrices safeguarded information, encoding and decoding messages with unbreakable security to maintain privacy. Further along, he found himself amongst the towering structures of architecture, where matrices helped engineers design and stabilize the grandest buildings and bridges.

On the last door, the boy saw a magic square that had to be filled in order to open the door. Remembering his teacher's class, he solved it and opened the door to a room which revealed the enchanting beauty of magic squares, each number carefully placed to create harmonious patterns, revealing the deep, almost mystical connection between numbers and the natural world.

As the boy ventured through each doorway, his initial reluctance and aversion to mathematics began to dissolve. With every new discovery, he found himself captivated by the elegance and power of numbers, their ability to create, protect, and innovate. The magical landscapes of Mathtropolis revealed a universe where math wasn't just abstract concepts but vibrant, living forces shaping the world in profound ways. As Trigo's wisdom illuminated the path, the boy's heart swelled with newfound curiosity and appreciation. By the time he stepped back through the portal to his own world, he no longer saw math as a tedious chore but as a wondrous adventure waiting to be explored. His mindset had transformed, filled with awe and excitement for the limitless possibilities that mathematics held.



-Mitali Manjure, XIIA

A Dream to Forget

The bats squeaked throughout the night as the waterfall echoed through the forest. By day, the forest looked calm, but at night, it was quite the opposite of what Joel had imagined.

Joel was a poor boy who sold shiitake mushrooms in Japan. One day, out of curiosity, he wandered into the Forest of Death, known for its delicious mushrooms and scary demons. The forest showed its true colors only at night, especially on full moon nights.

Joel wanted to pick mushrooms and searched everywhere for them. Poor boy, he had no idea about the danger of the demons on a full moon night. As he walked, he came across a beautiful mansion with a spooky aura. He decided to enter it, but something clutched his ankle. Before he could turn to see what it was, it pulled him through the thorny bushes and the tall trees. He cried for help, but nothing worked.

Suddenly, he was thrown at the other side of the forest. He got up with a sigh of relief and followed some foot trails he saw. They ended near a pond, where he saw the silhouette of a man. Excited, Joel jumped across the pond, only to find no one there. Instead, a strong force hit him hard in the back, making him feel numb and flew him out at an incredible speed. And then, out of nowhere, a huge portal emerged, engulfing him completely.

In another dimension, Joel realised someone was watching him as he saw himself falling into a large pit of boiling lava. As he fell, he saw a demon smiling nastily at him. The demon, resting his head on its arm and sitting on a throne made of skeletons, appeared right in front of Joel. The demon then pushed him through a door where Joel fell into an endless void.

Suddenly, Joel felt tilted, and another door appeared, leading to countless doors in all directions. Joel kept falling through every door in seconds, feeling dizzy, tired, and ultimately missing the comfort of his home and family. Then the demon caught Joel and snapped its fingers. Immediately, a door opened, pushing Joel right towards the pit of the lava. As he screamed and was about to fall, the demon laughed nastily. Joel felt the unbearable heat of the lava consuming his entire body, and suddenly his alarm rang.

Joel screamed and got out of bed, checking if he was alive. He had to go to school. As he saw the skyscraper buildings and lush greenery through his window, his heart came to terms with reality. He realised that the nightmare he had last night was just a dream and was thankful it wasn't real.



--Aakarsh G V

6 'D'

आदिशङ्कराचार्यः



केरलस्य लघुनगरे कालट्यां ब्राह्मणदम्पती शिवगुरुः आर्यम्बः च निवसतः स्म । यद्यपि तेषां जीवने सर्वं आसीत् तथापि ते पुत्रस्य कृते तपः कुरुतः स्म । शिवं प्रार्थयन्तौ । शिवः स्वप्ने शिवगुरोः पुरतः प्रादुर्भूतः सन्तानं दत्तवान् । शिवस्य अवतार इति मतः 'शंकर' इति नाम्ना प्रसिद्धः अभवत् ।

तेषु दिनेषु छात्रस्य भिक्षासंग्रहणस्य प्रथा आसीत् । एकदा शङ्करः एकस्य दरिद्रायाः गृहं प्राप्तवान् । दरिद्रायाः गृहे केवलम् आमलकफलम् आसीत् यत् सा अर्पणं कर्तुं संकोचम् अनुभवति स्म । परन्तु सा प्रतिरोधं कर्तुं न शक्नोति स्म, प्रेमभक्तिपूर्णया भावनया च एतत् फलं अर्पयितुं बहिः आगता । एतत् शङ्करस्य हृदयं स्पृष्टं, सः नेत्रे निमील्य लक्ष्मीं देवीं प्रार्थितवान् । तस्याः उपरि स्तोत्रं अरचयत् यत् कनकधारस्तोत्रम् इति उच्यते । एकः चमत्कारः अभवत्... शङ्करस्य प्रार्थनायाः प्रतिक्रियारूपेण लक्ष्मीः सुवर्णवृष्टिं कृतवती ।



MEGHANA KALLUR (9D)



शङ्करः कैश्चित् शिष्यैः सह बदरीनगरं प्रति प्रस्थितवान् । सः आकांक्षिभ्यः अद्वैतदर्शनस्य अध्यापनं कुर्वन् काञ्चन दिवसान् व्यतीतवान् । एवं शङ्करः आयुषः द्वात्रिंशत् वर्षं प्राप्तवान् । तदनन्तरं सः केदारं गतः यत्र शैत्यम् एतावत् आसीत् यत् तस्य शिष्याः तत् सोढुं न शक्तवन्तः । तदा शङ्करस्य प्रार्थनायाः प्रतिक्रियारूपेण शिवस्य पदात् उष्णजम् आगतम् आगतं यत् अद्यापि प्रवहति

माता परा देवता

मातृभूमिरियं वीरभूमिरियं धर्मभूमिरियं

सुज्ञानपूरितेयं सकलमनुजैराराधिता ।

वेदघोषैर्सिञ्चितेयं गुरुजनतपसा संपाविता

काव्यकुसुमैस्सदार्चितेयं माता परा देवता ॥



गिरिवनसरिताभिर्भूषितेयं

निखिललोकमाकर्षिता

विविधजनपदैरालङ्कृतेयं

सकलजीवसंपोषिता ।

खगकुलकलरवैगुञ्जितेयं

अखिलरूपसंदर्शिता

वसुनिधिरत्नैसंपूरितेयं माता परा देवता ॥

प्रज्ञानशून्यगणकसंपादितेयं सुज्ञानविज्ञानसंपूरिता

योगायुर्वेदादिसंपालितेयं सकलचिन्तामयनिर्मूलिता ।

साहित्यसङ्गीतकलान्वितेयं समस्तभूमिसंमोहिता

समस्तमालोक्य नतमस्तकोऽहं माता परा देवता ॥

-श्रीराम एस्

कक्ष्या – एकादशी



ಭಾವಾಂತರಂಗ



ವಿದ್ಯಾರ್ಥಿಯ ಜೀವನ

ವಿದ್ಯೆಯನ್ನು ಸಂಪಾದಿಸುವುದವನೇ ವಿದ್ಯಾರ್ಥಿ. ವಿದ್ಯೆಯನ್ನು ಸಂಪಾದಿಸಲು ಪ್ರಾಮಾಣಿಕವಾಗಿ ಸತತ ದುಡಿಯುವವನೇ ಆದರ್ಶವಿದ್ಯಾರ್ಥಿ. 'ಮನೆಯೇ ಮೊದಲ ಪಾಠಶಾಲೆ, ತಾಯಿಯೇ ಮೊದಲ ಗುರು' ಎಂಬಂತೆ ವಿದ್ಯಾರ್ಥಿಯ ಜೀವನ ಪ್ರಾರಂಭವಾಗುತ್ತದೆ. ಉತ್ತಮ ಮಾರ್ಗದರ್ಶನದಿಂದ ಶಾಲೆಗೆ ಹೋಗಿ ವಿದ್ಯಾರ್ಥಿ ಗುರುವಿನಿಂದ ವಿದ್ಯೆ ಪಡೆಯುತ್ತಾನೆ. ವಿದ್ಯಾರ್ಥಿಗಳು ಗುರುಗಳಲ್ಲಿ ಭಯ-ಭಕ್ತಿಯನ್ನು, ವಿಧೇಯತೆಯನ್ನು, ಶ್ರದ್ಧೆಯನ್ನು ಹೊಂದಿ ಅವರ ಪ್ರೀತಿಗೆ ಪಾತ್ರರಾಗಬೇಕು.



ನಮ್ಮತೆ ವಿದ್ಯಾರ್ಥಿಗೆ ಭೂಷಣ. ವಿದ್ಯಾರ್ಥಿಯು ಆದರ್ಶನಾಗಬೇಕಾದರೆ ಉತ್ತಮ ಗುರಿಯನ್ನು ಹೊಂದಿ, ಆ ಗುರಿಯ ಸಾಧನೆಗಾಗಿ ಹಗಲಿರುಳು ಪ್ರಾಮಾಣಿಕತೆಯಿಂದ ಶ್ರಮಿಸಬೇಕು. ವಿದ್ಯಾಭ್ಯಾಸ ಕೇವಲ ಪರೀಕ್ಷೆಗಾಗಿ ಮಾತ್ರವಲ್ಲ, ಜ್ಞಾನಕ್ಕಾಗಿ ಕೂಡ. ಸಾಧು ಸತ್ಪುರುಷರು ದೇಶಕ್ಕಾಗಿ ಹೋರಾಡಿದ ಮಹನೀಯರ ತತ್ವ ವಿಚಾರವಾಣಿಗಳನ್ನು ಓದಿ, ತಿಳಿದು ಅವರ ತತ್ವಗಳನ್ನು ಜೀವನದಲ್ಲಿ ಅಳವಡಿಸಿಕೊಳ್ಳಬೇಕು.

ಆದರ್ಶ ವಿದ್ಯಾರ್ಥಿ ಶಿಸ್ತು, ಶ್ರದ್ಧೆ, ವಿನಯ, ಪರಸ್ಪರ ಸಹಾಯ ಮಾಡುವ ಗುಣಗಳನ್ನು ಹೊಂದಿರಬೇಕು. ಸೋಲು-ಗೆಲವು, ನೋವು ನಲಿವುಗಳನ್ನು ಸಮಾನವಾಗಿ ಸ್ವೀಕರಿಸಬೇಕು. ಆದರ್ಶ ವಿದ್ಯಾರ್ಥಿಯಾಗಲು ತನ್ನ ವ್ಯಕ್ತಿತ್ವವನ್ನು ಉತ್ತಮವಾಗಿ ರೂಪಿಸಿಕೊಳ್ಳಬೇಕು.

ಸಮನ್ವಯ ಗುರುದಾಸ್ ಶೇಟ್

೭ನೇ 'ಸಿ' ತರಗತಿ

ಕವಿವಾಣಿಗಳು

"ಗೆಲ್ಲುತ್ತೇನೆ ಎಂದು ಬಂದವರು ಸೋಲುವುದಕ್ಕೂ ಸಿದ್ಧನಿರಬೇಕು"- ದ.ರಾ.ಬೇಂದ್ರೆ

"ನಮ್ಮ ಉತ್ಸಾಹ ಹುಲ್ಲಿನ ಬೆಂಕಿಯಾಗಬಾರದು, ಕಲ್ಲಿದ್ದಲ ಕಾವಾಗಬೇಕು" - ಕುವೆಂಪು

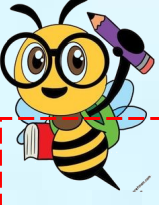
"ನಮ್ಮ ಮಾತಿಗೆ ಅರ್ಥ ಬರುವುದು ನಮ್ಮ ನಡವಳಿಕೆಯಿಂದ" - ಪೂರ್ಣಚಂದ್ರ ತೇಜಸ್ವಿ

"ಯಾರು ಪ್ರಪಂಚದ ಸುಖವನ್ನು ಹೆಚ್ಚಿಸಲು ಯತ್ನಿಸುತ್ತಾರೋ, ಅವರು ತಮ್ಮ ಸುಖವನ್ನು ಹೆಚ್ಚಿಸಿಕೊಳ್ಳುತ್ತಾರೆ". ಶಿವರಾಮಕಾರಂತ.



ಯುಕ್ತಿ. ಎನ್

೭ನೇ ಬಿ ತರಗತಿ



ಭಾವಾಂತರಂಗ



ವಿಶ್ವ ಮಾನವ ದಿನಾಚರಣೆ



ರಾಷ್ಟ್ರಕವಿ ಕುವೆಂಪು ಅವರ ಜನ್ಮ ದಿನವಾದ ಡಿಸೆಂಬರ್ 29 ಅನ್ನು ಪ್ರತಿ ವರ್ಷ

'ವಿಶ್ವ ಮಾನವ ದಿನಾಚರಣೆ'ಯನ್ನಾಗಿ ಆಚರಿಸಲಾಗುತ್ತದೆ.

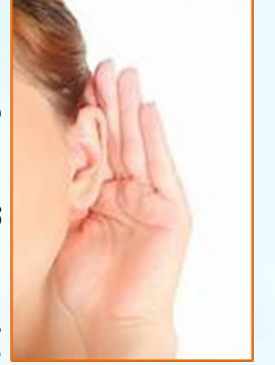
ಮನುಜಮತ, ವಿಶ್ವಪಥ, ಸರ್ವೋದಯ, ಸಮನ್ವಯ, ಪೂರ್ಣದೃಷ್ಟಿ-

ಈ ಪಂಚಮಂತ್ರಗಳು ನಮ್ಮ ಇಂದಿನ ದೃಷ್ಟಿಯಾಗಬೇಕಾಗಿದೆ. ಅಂದರೆ, ನಮಗೆ ಇನ್ನು ಬೇಕಾದುದು ಆ ಮತ ಈ ಮತ ಅಲ್ಲ; "ಮನುಜಮತ". ಆ ಪಥ ಈ ಪಥ ಅಲ್ಲ; "ವಿಶ್ವಪಥ". ಆ ಒಬ್ಬರ ಈ ಒಬ್ಬರ ಉದಯ ಮಾತ್ರವಲ್ಲ; ಸರ್ವರ ಸರ್ವಸ್ವರದ ಉದಯ ಅದುವೇ "ಸರ್ವೋದಯ". ಪರಸ್ಪರ ವಿಮುಖವಾಗಿ ಸಿಡಿದು ಹೋಗುವುದಲ್ಲ; "ಸಮನ್ವಯ"ಗೊಳ್ಳುವುದು. ಮಿತಮತದ ಆಂತಿಕ ದೃಷ್ಟಿಯಲ್ಲ; ಭೌತಿಕ ಪಾರಮಾರ್ಥಿಕ ಎಂಬ ಭಿನ್ನ ದೃಷ್ಟಿಯಲ್ಲ; ಎಲ್ಲವನ್ನು ಭಗವದ್ ದೃಷ್ಟಿಯಿಂದ ಕಾಣುವ "ಪೂರ್ಣದೃಷ್ಟಿ".

ಬುದ್ಧ, ಬಸವರ ಹಾಗೆ ಸಮಾಜದಲ್ಲಿ ವ್ಯಕ್ತಿ ಸ್ವತಂತ್ರವಾಗಿ, ವೈಚಾರಿಕ ದೃಷ್ಟಿಕೋನವನ್ನು ಬೆಳೆಸಿಕೊಳ್ಳಬೇಕೆಂದು ಅವರು ಹೇಳುತ್ತಿದ್ದರು. ಕುವೆಂಪುರವರ ಸಂದೇಶವನ್ನು ನಾವೆಲ್ಲರೂ ಪಾಲಿಸುವುದರ ಮೂಲಕ ಅರ್ಥಪೂರ್ಣವಾಗಿ ಕುವೆಂಪು ಅವರ ಜನ್ಮದಿನಾಚರಣೆಯನ್ನು ಆಚರಿಸಿದಂತಾಗುತ್ತದೆ.

ಶಿವಾಂಕ್ ಮಲ್ಲಪ್ಪ
ಉ ನೇ ಬಿ ತರಗತಿ

ಕೌಶಲ್ಯ



ಮಾನವ ವ್ಯಕ್ತಿತ್ವದ ವಿಕಾಸದ ಪ್ರಕ್ರಿಯೆಯಲ್ಲಿ ಆಲಿಸುವ ಕಲೆಯು ಪ್ರತಿಯೊಬ್ಬರು ಬೆಳೆಸಿಕೊಳ್ಳಬೇಕಾದ ಒಂದು ಕಾರ್ಯಕೌಶಲ್ಯವಾಗಿದೆ. 'ಕೇಳು' ಎಂಬ ಶಬ್ದಕ್ಕೆ ಕನ್ನಡದಲ್ಲಿ ಆಲಿಸು, ಪ್ರಶ್ನಿಸು ಎಂಬ ಎರಡು ಪ್ರಮುಖ ಅರ್ಥಗಳಿವೆ. ಮತ್ತೊಬ್ಬರು ನಮಗೆ ಹೇಳುವುದನ್ನು , ಉಪದೇಶಿಸುವುದನ್ನು ಆಸಕ್ತಿಯಿಂದ, ತೆರೆದ ಮನಸ್ಸಿನಿಂದ, ಏಕಾಗ್ರತೆಯಿಂದ ಕಿವಿಗೊಟ್ಟು ಕೇಳುವುದನ್ನು ಅಭ್ಯಾಸ ಮಾಡಲೇಬೇಕಾದ ಕಲೆಯಾಗಿದೆ.

ಕೆಲವರು ಮತ್ತೊಬ್ಬರು ಹೇಳುವಾಗ ಆಲಿಸುವುದನ್ನು ಉಪೇಕ್ಷೆ(ತಾತ್ಕಾರ) ಮಾಡುತ್ತಾರೆ. ತಮಗೆ ಎಲ್ಲಾ ವಿಚಾರಗಳ ಬಗ್ಗೆ ಗೊತ್ತು ಎಂಬ ಭಾವವನ್ನು ಹೊಂದಿರುತ್ತಾರೆ. ಅವರಿಗೆ ಯಾರ ಬಳಿಯೂ ಆಲಿಸುವ ವ್ಯವಧಾನ ಇರುವುದಿಲ್ಲ. ಈ ರೀತಿಯ ನಡವಳಿಕೆ ಸರಿಯಲ್ಲ.

ಮಿತ್ರರೇ..ಕೇಳುವುದಕ್ಕೆ ತಾಳ್ಮೆ ಬೇಕು. ಹೇಳುವವನ ಬಗ್ಗೆ ಆಸಕ್ತಿ, ಕಾಳಜಿ ಬೇಕು. ಪ್ರೀತಿ, ಗೌರವ ಇರಬೇಕು. ಆಗ ಮಾತ್ರ ವಿಷಯವನ್ನು ಸಮಗ್ರವಾಗಿ ಅರ್ಥಮಾಡಿಕೊಳ್ಳಲು ಸಾಧ್ಯವಾಗುತ್ತದೆ. ಅದರಲ್ಲೂ ವಿಶೇಷವಾಗಿ ವಿದ್ಯಾರ್ಥಿಗಳು ಉಪಾಧ್ಯಾಯರ ಮಾತನ್ನು ಗಮನವಿಟ್ಟು ಆಲಿಸಿದಾಗ ಮಾತ್ರ ಯಶಸ್ಸಿನ ಹಾದಿಯಲ್ಲಿ ಮುನ್ನಡೆಯಲು ಸಹಾಯಕವಾಗುತ್ತದೆ.

ಹರ್ಷಿಲ್ .ಡಿ

ಉ ನೇ ಬಿ ತರಗತಿ

सिंधी हाई स्कूल में मेरा अनुभव

विद्यालय में प्रथम आगमन के दिन मैं अपनी माँ का हाथ छोड़ने में हिचकिचा रहा था। सच ही सुना है कि अच्छा समय बहुत जल्दी बीत जाता है, ठीक वैसे ही कक्षा-10 का अंतिम दिन कब आ गया, पता ही नहीं चला। मुझे ऐसा आभास हुआ जैसे मेरी कक्षा की दीवारें कोई संदेश दे रही हों। भावनाओं से भरा मैं उन सारे पलों को याद कर रहा था, जिन्हें मैं जीवनपर्यन्त अपने हृदय में सँजोकर रखूँगा।

अपने शैक्षिक एवं सर्वांगीण विकास के लिए मैं विद्यालय का सदैव आभारी रहूँगा। वर्ष 2024-25 में सिंधी हाई स्कूल का 'हैड बॉय' बनना मेरे लिए गौरव की बात है। मुझमें नेतृत्व क्षमता का विकास करने का पूर्ण श्रेय शिक्षकों का ही है। इसमें कोई संदेह नहीं कि विद्यालय ने मेरे व्यक्तित्व को निखारने में अहम भूमिका निभाई है।

आदर्श शाह
बारहवीं स



पेड़

पेड़ हैं बहुत चमत्कारी,
हमें देते हैं फल-फूल इत्यादि।
वे हमको प्राणवायु देते हैं,
ताकि हम अपना जीवन जी सकें।
वे देते हैं हमको औषधि,
ताकि हम रह सकें निरोगी।
वे सबको छाया देते हैं, ताकि सभी
आराम कर सकें।
पेड़ होते हैं सज्जनों जैसे,
हमेशा दान करते, पर बदले में
कुछ भी न माँगते।
पेड़ हैं इतने परोपकारी,
इसलिए इनको बचाना है ज़रूरी!

रिशा बोस
आठवीं ब



धरती माँ का गुणगान

धरती माँ का आँचल प्यारा,
हरियाली से भरा सवेरा।
सूरज की किरणें जब चमकें,
धरती का सौंदर्य निखरे।
खेल खलिहान, पर्वत ऊँचे,
नदियाँ बहें कल-कल करके।
अपने आँचल में सबको समेटे,
धरती माँ, हमें पाले और बढाए।
जब भी दुखों का भार उठाया,
धरती ने सबको सहलाया।
अन्न-जल और जीवन देकर,
धरती माँ ने हमें अपनाया

जान्हवी प्रदीप

नवीं ब



पानी की महिमा

पानी है जीवन का आधार,
पानी बिन सुना है संसार।
नदी, झील, तालाब, झरने
सब में बहता पानी निर्मल।
बूँद-बूँद का मोल है जानो,
बर्बाद न करो इसे तुम मानो।
प्यास बुझाता खेत खलिहानो का,
जीवन का रस बन जाता।
पानी बचाओ, पानी सहेजो,
हर बूँद की कीमत जानो
पानी की महिमा सबने गाई
हमने इसकी उपयोगिता जानी
आओ मिलकर कसम ये खाएँ।
पानी कभी न व्यर्थ बहाएँ।

नीरजा 4C

एक सुंदर दिन

सूरज चमके आसमान में,
चाँद निकले रात में,
प्यारी सी बूँदे बारिश में
मिलते हैं फूल हर बगिया में।
चारो तरफ खुशियाँ हों
सभी मिलकर प्यार से रहे
इस दुनिया में।

शानवी रघुनंदन -2C



विद्यालय में मेरा पहला दिन

विद्यालय का मेरा पहला दिन
बहुत खास था। सुबह मैंने अपनी नई
स्कूल यूनिफॉर्म पहनी और माँ के
साथ विद्यालय के लिए निकल पड़ी।
स्कूल का परिसर बहुत बड़ा और रंगीन
था। मैंने देखा कि कई बच्चे उनके माता-
पिता के साथ आए थे। पहले ही दिन हमें
स्कूल की सुविधाओं का परिचय दिया
गया और शिक्षकों से मिलवाया गया। हम
सब कक्षा में नए थे इसलिए ज्यादा किसी
से बात हुई नहीं। मुझे आज भी वह दिन
याद है जब मैं पहली बार सिंधी हाई स्कूल
में आई थी तो मेरे शिक्षकों ने मेरी मदद
की। मुझे ज्यादा बोलना नहीं आता था
इस कारण मेरे मम्मी पापा थोड़ा परेशान
थे। मैं सभी शिक्षकों को धन्यवाद देना
चाहती हूँ जिनके कारण मुझमें इतना
अच्छा बदलाव आया।

प्रगति - 9C



विश्व ध्यान दिवस: शांति का उत्सव

ध्यान, आत्मा की गहराई में जाकर मन और शरीर को शांत करने की एक प्राचीन विधि है। इस बार 21 दिसंबर 2024 को *विश्व ध्यान दिवस* मनाया जाता है, जो ध्यान की शक्ति और उसके लाभों के प्रति जागरूकता बढ़ाने का एक महत्वपूर्ण अवसर है। यह दिन विश्व भर के लोगों को मानसिक शांति, आत्म-साक्षात्कार और सकारात्मक ऊर्जा के लिए ध्यान को अपने जीवन में शामिल करने के लिए प्रेरित करता है।

ध्यान का महत्व

ध्यान केवल मानसिक शांति का साधन नहीं है, बल्कि यह शारीरिक और भावनात्मक स्वास्थ्य को भी बेहतर बनाता है। नियमित ध्यान से तनाव, चिंता और अवसाद जैसी समस्याओं में कमी आती है।

आज की तेज़ भागदौड़ भरी ज़िंदगी में, जहां हर कोई तनाव और चिंता से जूझ रहा है, ध्यान एक वरदान की तरह है। यह न केवल हमारे भीतर शांति लाता है, बल्कि हमें दूसरों के प्रति सहानुभूति और करुणा विकसित करने में भी मदद करता है।

विश्व ध्यान दिवस का उद्देश्य

इस दिन का मुख्य उद्देश्य ध्यान के महत्व को समझाना और लोगों को ध्यान करने के लिए प्रेरित करना है। दुनिया भर में विभिन्न कार्यक्रम और सत्र आयोजित किए जाते हैं,



जिनमें ध्यान तकनीकों को सिखाया जाता है। लोग योग और ध्यान सत्रों

में भाग लेकर मानसिक और शारीरिक स्वास्थ्य को बेहतर बनाने के उपाय सीखते हैं।

ध्यान कैसे करें ?

ध्यान करने के लिए किसी विशेष साधन की आवश्यकता नहीं होती। आप इसे कहीं भी कर सकते हैं। यहाँ ध्यान करने के कुछ सरल चरण दिए गए हैं:

1. *आरामदायक स्थिति में बैठें:* अपनी रीढ़ को सीधा रखें और आराम से बैठें।
2. *सांस पर ध्यान केंद्रित करें:* अपनी सांसों को महसूस करें और अपने विचारों को शांत करें।
3. *ध्यान की अवधि बढ़ाएँ:* शुरुआत में 5-10 मिनट ध्यान करें और धीरे-धीरे समय बढ़ाएँ।

ध्यान का संदेश

विश्व ध्यान दिवस हमें यह सिखाता है कि जीवन की दौड़-भाग के बीच भी हमें अपने भीतर झांकने और शांति पाने का समय निकालना चाहिए। ध्यान न केवल हमें मानसिक रूप से सशक्त बनाता है, बल्कि यह हमारे जीवन को सकारात्मकता और खुशहाली से भर देता है।

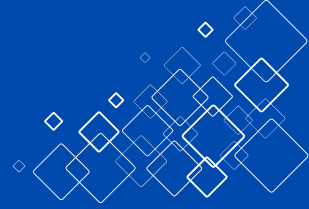
आइए, इस विश्व ध्यान दिवस पर संकल्प लें कि हम अपने जीवन में ध्यान को शामिल करेंगे और इसे अपने मानसिक और शारीरिक स्वास्थ्य के सुधार के लिए एक साधन बनाएंगे।

ज्योति जैन(अध्यापिका)



SINDHI HIGH SCHOOL

K K ROAD, BENGALURU
(AFFILIATED TO C.B.S.E, NEW DELHI)
SPONSORS : SINDHI SEVA SAMITI



WHERE TALENT MEETS OPPORTUNITY



42 AND COUNTING ...



Sindhi High School, Kumara Park Road, embarked on its epoch- making journey on 7th June 1982.

It started with a strength of 120 students and today after 42 years, is brimming with young, inquisitive minds. Nestled in the heart of Bengaluru, our school boasts of a prime location opposite Gandhi Bhavan, making it easily accessible and convenient for students.

Our infrastructure is designed to provide a conducive learning environment, with spacious, well-ventilated classrooms equipped with comfortable furniture and state-of-the-art audio-visual interactive boards. These facilities empower our students to learn and grow in a dynamic and engaging way.

Good teachers are the strength of any institution. We have well- trained and dedicated faculty members who regularly upgrade and upskill themselves through trainings and workshops. Education at Sindhi High School is a perfect amalgamation of academics, moral values, co-curricular activities and sports.

We offer:

- State-of-the-art Interactive boards in the classroom
- A friendly and caring environment
- A stimulating environment for learning
- A pupil-centric approach
- Qualitative and cost-effective education
- Pupil pod- A step towards digitization [ERP]
- School Cinema STD I-X
- Hobby Studio
- First Aid room
- Think Edge-Robotics & AI
- Well-equipped Science labs
- Play area for Pre-Primary students.
- Positive pupil-staff inter- relationship to ensure consistent learning
- CCTV cameras at prime locations & all classrooms.
- LogIQids- A program to enhance logical reasoning and analytical skills
- WordsWorth English Lab.



We believe in inclusive education and have a resource room for learners, needing additional support, enabling them to learn at their own pace and integrate with mainstream classes. Our school provides numerous opportunities for students to participate in sports, cultural programs, co- curricular, and extracurricular activities, promoting moral, spiritual, and emotional development.



Sindhi College: A Premier Institution Shaping the Future

Sindhi College was established in the year 2002, under the aegis of Sindhi Seva Samiti, a philanthropic organisation, managed by the Sindhis with, "Service to Human kind" as their motto and was inaugurated by Sri.L.K.ADVANI the then Deputy Prime Minister of India and Sri.S.M.Krishna the then Chief Minister of Karnataka.

Since then, the growth of the Institution has been phenomenal and is recognised as one of the premier institutions not only in the city of Bengaluru but also among other states of India.

The college is permanently affiliated to Bengaluru City University.

The institution is endowed with several academic recognitions and certifications like UGC 2(F) and 12(b), ISO certification and NAAC accreditation and approval of AICTE.

It is a self-financing, co-education college imparting quality education in the streams of Humanities, Science, Commerce, and Management along with the PG programmes Mcom and Mcom (FA) courses.

It is with conviction, we are proud to state that every year the overall strength of newly enrolled students to this prestigious institution has been on a steady rise

College has received several awards and recognitions right from its inception to name a few

- ◆ Best Emerging PVT college in Karnataka.. Award
- ◆ Top 20 Promising education institution in Bangalore Award
- ◆ Best Emerging college in Bengaluru Award in the year
- ◆ Recently college received “Times Business Award for Excellence in Academics, Student Support & Infrastructure’ and many more.

We are proud to announce that this year, 6 of our students have achieved remarkable success by securing top ranks in the university board examinations.

The college NSS and NCC wings aim to instil discipline, leadership and social responsibility in students, fostering their holistic development.



The flagship programme of the NSS unit has been the construction of the Classroom in Government Primary School at, Ramnagara with the support from students, staff and management.

NCC on the other hand, among many laurels also Won 1st Prize in Firing for Goa & Karnataka unit . We are delighted to share that 2 of our NCC cadets had the honor of participating in the Republic day parade held in New Delhi in January 2024

Additionally Our NCC Cadet Vishal participated in designing 8 kar, logo competition and bagged first place , since then that logo is officially used by 8 kar battalion unit.

Physical education department is continuously bringing laurels to the institution with University, state, National and International accolades. We are glad to highlight the accomplishments of our students, which have brought immense pride to both our nation and institution as they represented India and achieved significant accolades. To equip students with employability skills, Value add certificate programmes are conducted every year, in accordance with the requirements of the job market in all the disciplines.

Students are encouraged to regularly participate in intercollegiate cultural and literary competitions and win loads of prizes every year.

Several committees and cells like women empowerment cell, e-cell, incubation centre, anti-ragging cell, counselling cell, human rights cell, eco club and many more are constituted to strengthen and create awareness among the student fraternity about the societal concerns and to shape them as responsible citizens of this great country.

Large number of our students are placed in reputed companies across the country and in high positions every year.

Scholarships are awarded for meritorious students, sports and cultural achievers physically challenged and economically backward students by our magnanimous management every year.

We are very proud to place on record that the college has made commendable contributions in shaping careers of hundreds of its students and has played a significant role in the holistic development of them, who in turn have brought laurels to the institution by their high-level performance, conduct and character.



SINDHI SEVA SCHOOL & SINDHI ACADEMY OF SKILLS

Sponsored by: Sindhi Seva Samiti

Address: #17, Netaji Nagar, Hebbal, Kempapura, Bengaluru-560024

Phone: 9900706650 / 6363650465

Email: sindhisevaschool@gmail.com

About Us:

Sindhi Seva School, established in 2007, is part of the Sindhi Group of Educational Institutions, with a mission to provide **quality education to all sections of society**. Our key principles include:

Education at an extremely nominal cost: We support students from financially disadvantaged backgrounds.

Holistic Development: Students engage in a variety of extracurricular activities, including drama, sports, and audio-visual learning. Graduation ceremonies are conducted at no extra charge.

Reintegration of Dropouts: We welcome students who have dropped out at various levels and support them in completing their secondary education.

Support for Working Children: Children working due to family financial needs are encouraged to continue their formal education.

Sindhi Seva School started with 20 students and now has **280 students** (academic year 2024-2025). We prepare students for the **Class 10 & 12 NIOS examination**, a board recognized for admissions to professional courses like CET, JEE, and NEET.

Eligibility and Curriculum:

We admit students aged **12 years and above**.

The **medium of instruction** is English, and we follow the NIOS syllabus.

We focus on both **academic and extracurricular development** to ensure holistic education.

Sindhi Academy of Skills:

The **Sindhi Academy of Skills**, established in 2015, offers **three-month vocational programs** in courses such as **tailoring, basic computer skills, and spoken English**. From 2024-25, vocational training has been integrated into the school curriculum.

NIOS PCP Classes for External Students:

We offer **NIOS classes** under the **Personal Contact Programme** on weekends, free of cost.

Ms. Nirmala Mary T
Principal



" Mission Hebbal: A Vision Takes Flight ”

**Born in 2003, a brainchild of Sindhi Management's foresight,
Led by visionary Principals, guided by their light.
Nurtured by dedicated staff, with love and care,
A tiny seedling grew, with infinite possibilities to share.**

**From a bubbly toddler, to a soaring adult, it's grown,
Transforming lives, as a holistic butterfly is born.
With each leap, it spreads its wings, embracing new skies,
A testament to the power of education, where dreams rise.**



SINDHI HIGH SCHOOL, HEBBAL

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